



TOWER IMAGING MEDICAL • GROUP

Imaging by Specialists

PATIENT PREPARATION PLEASE FOLLOW CAREFULLY

NOTE: PLEASE BRING THIS FORM AND INSURANCE CARD WITH YOU TO YOUR EXAM

TO OUR PATIENT

- If you have previous X-rays or scans of the area we are to study, bring them with you to your appointment.
- With all exams, take your usual medications with the minimum necessary water, unless instructed otherwise.
- Leave jewelry and watches at home. Wear loose, comfortable clothing.
- Let our staff know if you are pregnant or breast feeding.
- Patients having myelograms or spinal injections must be accompanied by another person to drive them home after the exam.

MRI/MRA

- ABDOMINAL MRI/MRA

- If you have a pacemaker, artificial heart valve, brain aneurysm clips or any other metal in your body, please contact our office prior to your appointment.
- Nothing to eat or drink, except water, 4 hours prior to your exam. **You may have plenty of water.**

CT

- Nothing to eat or drink, except water, 4 hours prior to your exam. **You may have plenty of water.**
- Please contact our office if you have had a Barium Enema or UGI within the past week.
- Exams with IV contrast: If you are diabetic, have a history of kidney disorders, or are allergic to iodine, please contact our office before your appointment.

PET/CT (SANTA MONICA ONLY)

- Nothing to eat or drink, except water, 6 hours prior to your exam. **You may have plenty of water. (16oz)**
- If you are diabetic, please contact our office for specific instructions.
- Avoid strenuous exercise 24 hours prior to procedure.
- Eat a low carbohydrate diet the day before your exam.

ULTRASOUND

- ABDOMINAL
- PELVIC AND OBSTETRIC

- Nothing to eat or drink 8 hours prior to your appointment. **No water.**
- Drink 32 oz. of water 60 minutes prior to your exam.

MAMMOGRAPHY - DIGITAL SCREENING

- No perfume, deodorant or powder on the chest or underarm area.
- You will be asked to undress from the waist up. Please wear appropriate apparel.

HYSTEOSALPINGOGRAM AND HYSTEROSONOGRAM

- Please contact our office on the first day of your menstrual cycle for scheduling.

FLUOROSCOPY

- Call the center for specific instructions

MAPS AND CONTACT INFORMATION

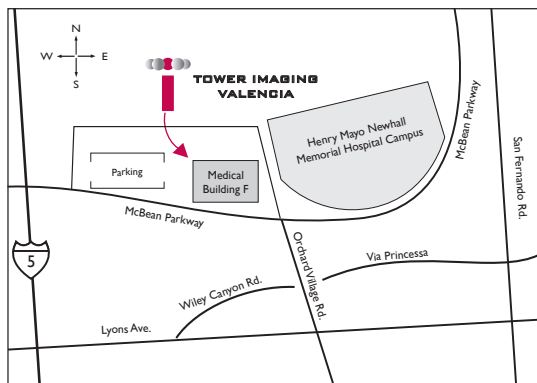
○ TOWER IMAGING VALENCIA

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MRI • CT • X-ray • Fluoroscopy • DEXA • U/S

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○ TOWER SAINT JOHN'S IMAGING

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